TITLE: Major Trauma Triage Criteria

EMS Policy No. 5210

### PURPOSE:

The purpose of this policy is to define criteria for identifying major trauma patients.

#### **AUTHORITY:**

Health and Safety Code, Division 2.5, Sections 1797.220, and 1798 et. seq. California Code of Regulations, Title 22, Division 9, Chapter 7.

### **DEFINITIONS:**

- A. "Adult major trauma patient" means a patient 13 years of age or older, or taller than a Broselow Tape (146.5 cm), and meets one or more of the major trauma triage criteria.
- B. "Pediatric major trauma patient" means a patient 12 years of age or younger, is not taller than a Broselow Tape (146.5 cm), and meets one or more of the major trauma triage criteria.

### POLICY:

- I. Prehospital personnel shall assess all patients <u>suffering acute injury or suspected</u> <u>acute injury</u> using the trauma triage criteria established in this policy and shall document the findings of such an assessment on the patient care record.
- II. In order to prevent under triage prehospital personnel should approach assessing patients sustaining a significant mechanism of injury assuming the patients meet major trauma triage criteria unless proven otherwise by a thorough assessment.
- III. Major Trauma Triage Criteria:
  - A. Physiologic:
    - 1. Glasgow coma scale (GCS) less than 13.
    - 2. Systolic blood pressure of less than:
      - a. 90 for age 14 and older.
      - b. 80 for age 7 to 14 years.
      - c. 70 for age 1 to 6 years.
    - 3. Respiratory rate <10 or >29 (<20 in infant < one year).
  - B. Anatomic:
    - 1. Penetrating injuries to the head, neck, chest, abdomen, and proximal to the elbow or knee.

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- 2. Flail chest or chest wall instability, deformity, or pain preventing assessment.
- 3. Two or more long bone fractures (humerus or femur).
- 4. Crushed, degloved, or mangled extremity.
- 5. Amputation proximal to wrist or ankle.
- 6. Pelvic fracture.
- 7. Open or depressed skull fracture.
- 8. Traumatic paralysis.
- 9. Any extremity injury with loss of distal circulation or numbness, tingling, or inability to move extremity.
- 10. Partial or full thickness thermal, chemical, or electrical burns greater than 9% total body surface.
- 11. Inhalation burns.
- 12. Chest or abdominal pain with signs of contusion following motor vehicle collision.
- 13. Any patient requiring spinal motion restrictions.
- 14. Any patient with a tourniquet applied.

## C. Mechanism of Injury:

- 1. Auto versus pedestrian or bicyclist with the patient being:
  - a. Run over.
  - b. Thrown a significant distance.
  - c. With significant impact.
- 2. Falls:
  - a. Adult height greater than 20 feet.
  - b. Adult height less than 20 feet with:
    - i. Altered baseline mental status; or
    - ii. Anticoagulant therapy; or
    - iii. Bleeding disorder.
  - c. Pediatric height greater than 10 feet or twice the height of the child.
- 3. High risk vehicle collision with:
  - a. Interior passenger compartment intrusion greater than 18 inches:
  - b. Ejection (partial or complete);
  - c. Death in same passenger compartment.
- 4. Any motorcycle, bicycle, or similar mechanism of injury with:
  - a. Impact greater than 20 mph; or
  - b. Long bone fracture.
  - c. Reported or known loss of consciousness at any time following mechanism of injury.

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- D. Paramedic judgment: Paramedics may use their judgment to classify a patient not meeting criteria listed above as a major trauma patient when there is a concern of serious injury.
- IV. Multi-casualty Incidents (MCIs):
  - A. Initial triage:
    - Prehospital personnel shall use START triage methodology for the initial assessment of patients during a trauma multi-casualty incident (MCI).
    - 2. Manage all "Immediate" patients as major trauma patients.
    - 3. Manage all "Delayed" patients in an MCI with 10 or fewer total patients as major trauma patients.
  - B. Secondary triage:
    - 1. When resources and circumstances allow prehospital personnel shall re-triage patients using the criteria in this policy.
    - 2. Patients meeting <u>physiologic</u> or <u>anatomic</u> criteria shall be classified as <u>"Immediate"</u> patients.
    - 3. Patients meeting <u>mechanism of injury</u> or <u>paramedic judgment</u> criteria shall be classified as <u>"Delayed"</u> patients.
- V. This policy supersedes previous policies and memoranda addressing trauma triage.

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