



EMPLOYER BENEFIT
SOLUTIONS
FOR THE PUBLIC SECTOR

# Your Benefits Overview

Enrolling in the same plans as last year may seem like the easiest way to go. But things change. It might be time to change your insurance too.

Get help with your options. Stop by and see an American Fidelity account manager.



### **Accident Only Insurance**

AF™ Limited Benefit Accident Only Insurance

- may help manage out-of-pocket costs to treat injuries resulting from a covered accident
- provides benefit payments directly to you

americanfidelity.com/info/accident



### **Critical Illness Insurance**

**AF™ Limited Benefit Critical Illness Insurance** 

- pays a benefit upon diagnosis of certain covered life-altering illnesses
- helps with costs not covered by medical insurance

americanfidelity.com/info/critical-illness



### **Hospital Indemnity Insurance**

AF™ Limited Benefit Hospital Indemnity Insurance

- helps pay for out-of-pocket costs, like a hospital stay
- when used with a Health Savings Account allows for a tax benefit and potential savings

americanfidelity.com/info/hospital-indemnity



## **Disability Income Insurance**

AF™ Disability Income Insurance

- can help protect your finances in case of a covered injury or illness
- provides a benefit to help cover costs while you are unable to work
- pays some of your gross monthly earnings

americanfidelity.com/info/disability

An unintentional injury averages **\$4,339** in medical expenses.

National Safety Council, Injury Facts, 2019 Web.

## Flexible Spending Accounts

### Everyone likes saving money.

Flexible spending accounts (FSA) allow you to save part of your paycheck, before taxes, to pay for eligible costs throughout the year.

#### **Types of Accounts**

- Healthcare FSAs
- · Limited Purpose FSAs
- Dependent Care Accounts

Explore your savings options at <a href="mailto:americanfidelity.com/info/fsa">americanfidelity.com/info/fsa</a>



To calculate medical costs that may not be covered by insurance, visit americanfidelity.com/fsa-worksheet

### **Examples of Eligible Expenses**

- Asthma treatments
- Chiropractic care
- Contact lenses
- Copays
- Dental services

- Eye exam/eyeglasses
- Fertility treatments
- Laser eye surgery
- Over-the-counter bandages
- Physical exams

- · Physical therapy
- Prescriptions
- Prenatal care
- Sunscreen with 15 SPF or higher
- Walkers/wheelchairs

americanfidelity.com/eligible-expenses



# Schedule Your Appointment

https://enroll.americanfidelity.com/C5F62AB5



Point your smart phone camera at the QR code and open the link that appears.

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