Coverage for: Individual + Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-789-8488. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-877-789-8488 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	San Joaquin General Hospital (SJGH) Network: \$125/individual or \$250/family per plan year.  Select Network (including SJGH): \$250/individual or \$500/family per plan year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , office visits, and outpatient <u>prescription</u> <u>drugs</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical <u>Plan</u> : <u>Network Provider</u> : <b>\$1,000</b> /individual or <b>\$2,500</b> /family per <u>plan</u> year; <u>Out-of-Network Provider</u> : No <u>out-of-pocket limit</u> . <u>Prescription Drugs</u> : <b>\$1,000</b> /individual or <b>\$2,500</b> /family per <u>plan</u> year	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Medical <u>Plan Out-of-Pocket Limit</u> : <u>Premiums</u> , <u>balance-billing</u> charges, penalties for failure to obtain <u>preauthorization</u> , acupuncture, chiropractic care, infertility services, outpatient <u>prescription drugs</u> , dental and vision expenses through separate <u>plans</u> , and health care this <u>plan</u> doesn't cover. <u>Prescription drug Out-of-Pocket Limit</u> : <u>Premiums</u> ; <u>balance-billing</u> charges; medical <u>plan</u> , dental <u>plan</u> or vision <u>plan</u> expenses; the difference in price between generic and brand drug costs if a brand drug is filled when a generic is available; penalties for failure to obtain <u>preauthorization</u> ; drugs and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. Call 1-877-789-8488 for a list of <u>network providers</u> . <u>Network Providers</u> are available within the California counties of San Joaquin, Sacramento and Stanislaus only.	You pay the least if you use a <u>provider</u> in the San Joaquin General Hospital and Associated Physicians (SJGH) <u>Network</u> . You pay more if you use a <u>provider</u> in the Select <u>Network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	Yes. You do not need a <u>referral</u> from the <u>Plan</u> , a <u>Primary Care</u> <u>Provider</u> , or any other person in order to visit a <u>network</u> <u>provider</u> for obstetrical or gynecological care.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	SJGH <u>Network</u> <u>Provider</u> (You will pay the	What You Will Pay Select <u>Network</u> <u>Provider</u> (You will pay the	Out-of-Network Provider (You will pay	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$5 <u>copayment</u> /visit, <u>deductible</u> does not apply	\$10 copayment/visit, deductible does not apply	the most)  Not covered	Primary care visit will be covered at an <u>out-of-network</u> <u>provider</u> for an <u>emergency medical condition</u> will be covered, subject to the Select <u>Network Provider cost</u> <u>sharing</u> , plus you pay any <u>balance billing</u> amount charged by an <u>out-of-network provider</u> .
If you visit a health care provider's	Specialist visit	\$5 <u>copayment</u> /visit, <u>deductible</u> does not apply	\$10 copayment/visit, deductible does not apply	Not covered	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .
office or clinic	Preventive care/screening/immunization	No charge, <u>deductible</u> does not apply.	No charge, <u>deductible</u> does not apply.	Not covered	Plan covers required preventive services and supplies described at: <a href="https://www.healthcare.gov/what-are-my-preventive-care-benefits/">https://www.healthcare.gov/what-are-my-preventive-care-benefits/</a> . Age and frequency guidelines apply to covered preventive care. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

Common Medical Event	Services You May Need	SJGH <u>Network</u> <u>Provider</u> (You will pay the	What You Will Pay Select <u>Network</u> <u>Provider</u> (You will pay the	Out-of-Network Provider (You will pay	Limitations, Exceptions, & Other Important Information	
	<u>Diagnostic test</u> (x-ray, blood work)	least) No charge	least) No charge	Not covered	Referral from primary care physician is required to avoid non-payment. Physician/provider's professional fees may be billed separately.	
If you have a test	Imaging (CT/PET scans, MRIs)	No charge	No charge	Not covered	Referral from primary care physician is required to avoid non-payment. Physician/provider's professional fees may be billed separately. Preauthorization of advanced imaging is required to avoid non-payment.	
If you need drugs to treat your illness or condition	Generic drugs	Retail (30-day supply): prescription; Mail Order (90-day supper prescription. No charge for ACA requdrugs.	,	Not covered	<ul> <li>Deductible does not apply.</li> <li>Some prescription drugs are subject to preauthorization (to avoid non-payment), quantity limits or step therapy requirements.</li> <li>Certain over-the-counter (OTC) and prescription drugs are payable at no charge with a prescription.</li> <li>If you purchase a brand drug when a generic drug is available you pay the 100% of the cost of the brand drug, even in-network.</li> <li>Your cost sharing counts toward the prescription drug out-of-pocket limit, not the medical plan out-of-pocket limit.</li> <li>Specialty Drugs are only available from the CVS Caremark Specialty Pharmacy.</li> </ul>	
More information about prescription drug coverage is	Preferred brand drugs	Retail (30-day supply): prescription; Mail Order copayment per prescrip No charge for ACA requireventive drugs if a geinappropriate.	(90-day supply): \$30 tion. uired brand name	Not covered		
available at www.caremark .com	Non-preferred brand drugs	Not covered  Same copayments as a	bove depending on	Not covered		
If you have	Specialty drugs  Facility fee (e.g., ambulatory surgery center)	generic, preferred or no		Not covered	Referral from primary care physician is required to avoid	
outpatient surgery	Physician/ surgeon fees	Surgeon: No charge Physician: \$5 copayment/visit	Surgeon: No charge Physician: \$10 copayment/visit	Not covered	non-payment.	

		What You Will Pay			
Common Medical Event	Services You May Need	SJGH <u>Network</u> <u>Provider</u> (You will pay the least)	Select <u>Network</u> <u>Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate	Emergency room care	\$40 <u>copayment</u> /visit	\$100 <u>copayment</u> /visit	\$100 <u>copayment</u> / visit	Copayment waived if admitted to hospital directly from emergency room within 12 hours. You pay 100% for non-emergency medical condition services, even in-network. Professional/physician charges may be billed separately.
medical attention	Emergency medical transportation	No charge	No charge	Not covered	Non-emergency transportation requires <u>preauthorization</u> to avoid a financial penalty.
	Urgent care	\$40 <u>copayment</u> /visit	\$40 copayment/visit	Not covered	One combined <u>copayment</u> per date of service applies to all services billed by the facility and physician.
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	\$100 <u>copayment</u> / admission	Not covered	Elective inpatient admission requires <u>preauthorization</u> , <u>referral</u> from <u>primary care physician</u> , to avoid a financial penalty. Additional <u>copayment</u> may be required upon transfer when admitted to a different inpatient facility. Roon
nospitai stay	Physician/ surgeon fees	No charge	No charge	Not covered	and board limited to the rate of a semi-private or ICU room.  Medically necessary private room rate is hospital's private room or 80% of its lowest daily rate if no semi-private room.
If you need mental health,	Outpatient services	Office Visits: \$5 copayment/ visit, deductible does not apply. Other outpatient services: No charge	Office Visits: \$10 copayment/visit, deductible does not apply. Other outpatient services: No charge	Not covered	None
behavioral health, or substance abuse service	Inpatient services	No charge	\$100 <u>copayment</u> / admission	Not covered	<u>Preauthorization</u> of elective hospital admission & residential treatment program admission is required to avoid a financial penalty. Additional <u>copayment</u> may be required upon transfer when admitted to a different inpatient facility. Room and board limited to the rate of a semi-private or ICU room. <u>Medically necessary</u> private room rate is hospital's private room or 80% of its lowest daily rate if no semi-private room.

		What You Will Pay				
Common Medical Event	Services You May Need	SJGH <u>Network</u> <u>Provider</u> (You will pay the least)	Select <u>Network</u> <u>Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Office visits	\$5 <u>copayment</u> /visit, <u>deductible</u> does not apply	\$10 <u>copayment/</u> visit, <u>deductible</u> does not apply	Not covered	<ul> <li><u>Cost sharing</u> does not apply for <u>preventive services</u>.</li> <li>Depending on the type of services, a <u>copayment</u> or deductible may apply.</li> </ul>	
If you are	Childbirth/delivery professional services	No charge	No charge	Not covered	Maternity care may include tests and services described somewhere else in the SBC (i.e., ultrasound).	
pregnant	Childbirth/ delivery facility services	No charge	\$100 <u>copayment</u> / admission	Not covered	<u>Preauthorization</u> is required to avoid a financial penalty only if hospital stay is longer than 48 hours for vaginal delivery or 96 hours for C-section. Additional <u>copayment</u> may be required upon transfer when admitted to a different inpatient facility. Private room payable only if <u>medically necessary</u> or the hospital only has private rooms.	
If you need	Home health care	No charge	No charge	Not covered	Plan covers part-time or intermittent skilled nursing care.  Referral from primary care physician is required to avoid non-payment. Limited to 60 days per plan year per condition combined with inpatient rehabilitation/habilitation and skilled nursing care. Services must be in lieu of inpatient hospitalization or inpatient skilled nursing care.	
help recovering or have other special	Rehabilitation services	Outpatient: \$10 copayment/visit Inpatient: No charge	Outpatient: \$10 <u>copayment</u> /visit Inpatient: No charge	Not covered	Elective inpatient admission requires <u>preauthorization</u> to avoid a financial penalty. <u>Referral</u> from <u>primary care physician</u> is required to avoid non-payment. Outpatient visits limited to 60	
health needs Hat	Habilitation services	Outpatient: \$10 copayment/visit Inpatient: No charge	Outpatient: \$10 copayment/visit Inpatient: No charge	Not covered	visits per <u>plan</u> year combined for physical, speech and occupational therapies. Inpatient admission is limited to 60 days per <u>plan</u> year per condition combined with <u>home health care</u> and <u>skilled nursing care</u> . Room and board limited to the rate of a semi-private or ICU room. <u>Medically necessary</u> private room rate is hospital's private room or 80% of its lowest daily rate if no semi-private room.	

		What You Will Pay				
Common Medical Event	Services You May Need	SJGH <u>Network</u> <u>Provider</u> (You will pay the least)	Select <u>Network</u> <u>Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have	Skilled nursing care	No charge	No charge	Not covered	Elective inpatient admission requires <u>preauthorization</u> to avoid a financial penalty. <u>Referral</u> from <u>primary care</u> <u>physician</u> is required to avoid non-payment. Limited to 60 days per <u>plan</u> year per condition combined with <u>home health care</u> and <u>inpatient rehabilitation/habilitation</u> . Room and board limited to the rate of a semi-private or ICU room. <u>Medically necessary</u> private room rate is hospital's private room or 80% of its lowest daily rate if no semi-private room.	
other special health needs	Durable medical equipment	50% coinsurance	50% coinsurance	Not covered	Referral from primary care physician is required to avoid non-payment. Durable medical equipment of over \$500 requires preauthorization to avoid a financial penalty. No charge from network providers for breastfeeding pump and supplies needed to operate pump.	
	Hospice services	No charge	No charge	Not covered	Covered if terminally ill only. Requires re-evaluation every 6 months.	
If your child	Children's eye exam	Not covered.	Not covered.	Not covered	If elected, vision coverage will be available under a separate vision plan.	
needs dental or eye care	Children's glasses	Not covered.	Not covered.	Not covered.	If elected, vision coverage will be available under a separate vision plan.	
or eye care	Children's dental check-up	Not covered	Not covered	Not covered	If elected, dental coverage will be available under a separate dental <u>plan</u> .	

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when the life of the mother in endangered, if the fetus has a known condition incompatible with life, or when medical complications arise from an abortion)
- Bariatric surgery
- Cosmetic surgery

- Dental Care (Adult and Child) (available under separate dental <u>plan</u> if elected)
- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Non-preferred brand drugs

- Private-duty nursing
- Routine eye care (Adult and Child) (available under separate vision <u>plan</u> if elected)
- Weight loss programs (except as required by health reform law, see <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a>)

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (referral required, limited to 20 visits per <u>plan</u> year combined with chiropractic care, does not count toward Out-of-Pocket Limit)
- Chiropractic care (referral required, limited to 20 visits per <u>plan</u> year combined with acupuncture, does not count toward Out-of-Pocket Limit)
- Infertility services (<u>preauthorization</u> required, limited to 12 cycles of artificial insemination per person per lifetime, does not count toward <u>Out-of-Pocket Limit</u>)
- Routine foot care (covered for treating diabetic (metabolic) or peripheral vascular insufficiency only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">healthCare.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Lucent Health at 1-877-789-8488, or the San Joaquin County Human Resources Division at 1-209-468-9987.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-789-8488.

-----To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.-

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$125
- Specialist (SJGH provider) copayment \$5
- Hospital (SJGH facility) copayment \$0
- Other coinsurance 0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

#### In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$125			
Copayments	\$10			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$195			

## **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$125
- <u>Specialist</u> (SJGH provider) <u>copayment</u> \$5
- Hospital (SJGH facility) copayment \$0
- Other <u>coinsurance</u> 50%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Total Example Cost \$5,600

# In this example, Joe would pay:

<u>Cost Sharing</u>				
<u>Deductibles</u>	\$120			
Copayments	\$650			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$20			
The total Joe would pay is	\$790			

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$125
- Specialist (SJGH provider) copayment \$5
- Hospital (SJGH facility) ER copayment \$40
- Other coinsurance 50%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
i otai Example oost	ΨΖ,000

#### In this example, Mia would pay:

<u>Cost Sharing</u>				
<u>Deductibles</u>	\$125			
<u>Copayments</u>	\$110			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$0			
The total Mia would pay is	\$235			