IF YOU ARE SICK

- STAY AT HOME
- AVOID CONTACT WITH OTHERS
- COVER YOUR NOSE AND MOUTH WHEN SNEEZING
- KEEP OBJECTS AND SURFACES CLEAN
- WEAR A MASK

If you have recently visited *affected geographic areas* and are exhibiting symptoms, phone your healthcare provider for instructions.

*Check the CDC travel webpage for current affected geographic areas: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

People should not be excluded from activities based on their race or country of origin.

TRAVEL ADVICE

- AVOID TRAVELLING TO AFFECTED AREAS UNLESS NECESSARY
- MAKE SURE YOU HAVE ALL NECESSARY VACCINATIONS AND TRAVEL MEDICATION
- SEEK ADVICE FROM YOUR HEALTHCARE PROVIDER
- DON'T TRAVEL IF YOU HAVE FEVER AND COUGH
- IF YOU BECOME SICK WHILE TRAVELLING SEEK MEDICAL CARE IMMEDIATELY

For more information visit https://www.cdc.gov/coronavirus/2019-ncov/index.html
Adapted from Dayton & Montgomery County Public Health, 2/28/2020