CONTAINER
Keep the items you will need during an evacuation in an easy-to-carry container such as covered trash container, large backpack, or duffle bag.

WATER
Store your water in non-breakable plastic containers. Soft drink bottles are fine; however, milk cartons decompose and break. Store a minimum of one gallon per person/per day for a minimum three-day period.

FOOD
Store a minimum of a three-day supply of non-perishable food. Select food that requires no refrigeration, preparation, cooking, and little or no water. Select foods that are light-weight, and are in non-breakable packaging.

For example: Ready-to-eat canned meats, fruits and vegetables, military MREs
Canned juices, milk, soup (if dehydrated, store extra water)
Staples - sugar, salt, and pepper
High-energy foods (peanut butter, jelly, crackers, trail mix, granola bars)
Vitamins
Foods for infants, elderly or special diets
Comfort/stress foods - cookies, hard candy, sweetened cereals, instant coffee, and tea bags
Mess kits or paper cups, plates, plastic utensils, manual can opener and aluminum foil

TOOLS AND SUPPLIES
Emergency preparedness manual
Radio - battery-operated and extra batteries
Flashlights and extra batteries and bulbs
Money (cash and change) - Travelers checks
Fire extinguisher: small canister, ABC type
Tube tent(s), rope, stakes, and poles
Pliers, hammer, knives (pocket and utility)
Wrench or wrenches to shut off household gas and water
Tape, masking and duct
Compass and whistles (for each family member)
Sewing kit
Medicine dropper
Plastic sheeting
Map of area showing evacuation routes and rally points
Signal flares
Plastic storage containers
Water-proof fire starter - matches or magnesium

FIRST AID KIT
Assemble or purchase a first aid kit for your home and each car.
At minimum, your kit should contain these items:
Sterile adhesive bandages in assorted sizes
6 ea. 2-inch and 6 ea. 4-inch sterile gauze pads
Hypoallergenic adhesive tape
3 triangular bandages
Scissors, tweezers, needle, safety pins
Moistened toilettes
Antiseptic, sunscreen
Soap/anti-bacterial cleanser
2 pair latex gloves
Thermometer, tongue depressors
Petroleum jelly or other lubricant
Non-prescription drugs
Aspirin or non-aspirin pain reliever
Anti-diarrhea medication
Antacid
Laxative
Activated charcoal and syrup of ipecac

CLOTHING AND BEDDING
One complete change of clothing (minimum) per individual, including
shoes, thermal underwear and rain gear
Blankets or sleeping bags
Jackets, hats, gloves, and sunglasses

SANITATION AND SPECIAL ITEMS
Toilet paper, moistened towelettes, and feminine supplies
Plastic garbage bags for personal sanitation
Baby formula, diapers, bottles, medications and prescriptions. Pet food, water, leash, litter box or plastic bag, medications, etc. Soap, liquid detergent, disinfectant, and chlorine bleach. Personal hygiene items (toothbrush, comb, etc.)
Plastic bucket with air-tight lid
Adult medications and prescriptions
Extra eye-glasses, contact lenses and supplies
Entertainment (games and books)
Important documents (wills, contracts, stocks, bonds, etc.)
Keep in water-proof, portable container
ADVANCED PLANNING

If you live in San Joaquin County, call Flood Management at (209) 468-3060 to determine your flood risk. If you live outside of San Joaquin County, please call your local Flood Control Agency.

Choose two places for your family to meet during a flood.

A. One just outside of your home.
B. A second outside of your neighborhood at a known flood-safe area.

All adults learn to turn off electric, gas and water utilities.

Check your disaster supplies and replace all water and food every six months.

More information on disaster supplies appears in the list on the inside of this sheet.

Inform every family member where emergency contact information is kept and give everyone a copy to carry.

Include an out-of-area contact.

Practice evacuating your home, drive your planned evacuation route, and plot possible alternate route(s).

Prepare maps of these routes and distribute to family members.

ASSEMBLE YOUR EMERGENCY SUPPLIES

• Water Keep at least one gallon per person per day for a minimum of three days. Keep extra bleach for decontamination of water and containers.

• Food Store non-perishable, high-protein items e.g. energy bars, ready-to-eat soups, peanut butter.

• Flashlights Include several extra batteries for each.

• First Aid Kit Pack a commercially available kit or make your own.

• Medications Do not forget to pack prescription and over-the-counter items.

• Battery-Operated Radio Include several extra batteries.

• Tools and Supplies Bring tools and supplies that you may need to survive a disaster.

• Clothing Have at least one change of clothing for everyone; include rain gear, jackets, shoes, and gloves.

• Personal Items Have back-up glasses, or contact lenses and solution, copies of important papers, toys and books to read.

• Money Cash will be needed if power is out.

• Contact Information Carry a current list of family telephone numbers, and e-mail addresses, including someone who lives out of your exchange area.

• Pet Supplies Store food, water, leashes, litter, and box tags vaccination information and medications.

• Map Carry an evacuation map in your vehicle and place a copy in your supply kit.

See the inside of this sheet for emergency supplies minimum recommendations.

EMERGENCY CONTACT INFORMATION:

San Joaquin County Public Works
www.sjgov.org/pubworks

San Joaquin County Office of Emergency Services (OES)
www.sjgov.org/oes (209) 953-6200

For (OES) Evacuation Routes
www.sjmap.org/evacmaps

National Weather Service (NWS/NOAA)
www.nws.noaa.gov

Federal Emergency Management Agency (FEMA)
www.fema.gov

National Flood Insurance Program (NFIP)
www.Floodsmart.gov

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