



For Immediate Release

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HALLOWEEN SAFETY TIPS FROM AMR

(San Joaquin County, CA) – Halloween should be scary and fun, not scary and dangerous. American Medical Response (AMR) is dedicated to injury and illness prevention and wants to remind everyone to be safe on Halloween. Dressing your trick-or-treaters safely and carefully planning your evening increase the likelihood of an injury free Halloween. AMR recommends the following precautions:

- Parents should help select costumes. Children should not choose costumes by themselves. Be sure the material is warm and sturdy enough to take lots of activity and is flame retardant.
- Leave the child's face unobstructed. If a trick-or-treater wears a hat, be sure it fits well and doesn't block vision. Safe "goblins" wear make-up on their faces, rather than masks or helmets that are hard to see, hear or breathe through.
- Stripe the costume with highly reflective tape front and back, to make the trick-or-treater easier to see in the dark. Don't let the child wear a dark costume or camouflage.
- Don't let the child carry a large trick-or-treat bag that can catch on the ground and trip the child.

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- Don't let the child wear plastic monster gloves that hinder the use of the hands.
- Require the child to wear flat shoes that fit well, without heels. Avoid oversized shoes such as clown costume shoes.
- NEVER let children trick-or-treat by themselves. ALWAYS make sure a child is accompanied by an adult.
- Trick-or treat in well lighted areas. Make sure each child has a flashlight to assist with walking from house to house.
- Stay on the sidewalks and walk facing the traffic. Cross streets only at intersections. Don't jump ditches. Stay alert.
- Approach only those homes with porch lights or other front lights on.
- Do not allow children to eat any treats until the group has returned home and an adult has examined the contents of each bag.
- Do not eat anything that is even slightly suspicious. For example, look for commercially wrapped candy that may have been unwrapped and then re-wrapped.

About American Medical Response

American Medical Response Inc. (www.amr.net), America's leading provider of medical transportation, is locally operated in 37 states and the District of Columbia. AMR's 18,500 paramedics, EMTs and other professionals transport more than four million patients nationwide each year in critical, emergency and non-emergency situations. Operating a fleet of approximately 4,500 vehicles, AMR, a subsidiary of Emergency Medical Services Corporation, is headquartered in Greenwood Village, CO.

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